

READING SPEED

INSTRUCTIONS

- Time yourself reading 2 pages of a journal article or book that is typical for your field
- Repeat this activity 3 times
- Get the pages per minute by dividing 2 by the number of minutes
- Sum the averages and divide by 3
- Multiply by 60 to get the average number of pages per hour you read

MINUTES

**AVERAGES
(2/MINUTES)**

**SUM OF
AVERAGES/3**

X 60 MIN

=

Avg. Pages
per Hour





WRITING SPEED

INSTRUCTIONS

The next time you are doing academic writing typical for your field:

- Write your starting word count in the middle column
- Set a timer for 20 minutes and write
- Write your ending word count in the first column
- Repeat this activity 3 times
- Take the difference in starting and ending word count and divide by 20 to get the average words per minute
- Sum the per-minute averages and divide by 3
- Multiply by 60 to get the average words per hour
- Divide the average words per hour by 500 to get the average number of single-spaced pages you write per hour

END WORD COUNT	-	START WORD COUNT	=	DIFFERENCE	/20 =	PER MIN AVG
_____	-	_____	=	_____	/20 =	_____
_____	-	_____	=	_____	/20 =	_____
_____	-	_____	=	_____	/20 =	_____

SUM OF AVGS	_____	/3 =	_____	x 60 =	_____	AVG. WORDS PER HR
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AVG. WORDS PER HR	_____	/500 =	_____	SINGLE-SPACED PAGES PER HOUR
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