

[illegible]

Project	Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
	Task [Est. Hrs.] ¹	Act. Hrs. ²	Task [Est. Hrs.]	Act. Hrs.	Task [Est. Hrs.]	Act. Hrs.	Task [Est. Hrs.]	Act. Hrs.	Task [Est. Hrs.]	Act. Hrs.	Task [Est. Hrs.]	Act. Hrs.	Task [Est. Hrs.]	Act. Hrs.
Total Hrs.														

¹Estimated number of hours for that task.

²Actual hours that task took.

Example of an in-progress 7-Day spread on a Tuesday evening.

Project	Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
	Task [Est. Hrs.]	Act. Hrs.	Task [Est. Hrs.]	Act. Hrs.	Task [Est. Hrs.]	Act. Hrs.	Task [Est. Hrs.]	Act. Hrs.	Task [Est. Hrs.]	Act. Hrs.	Task [Est. Hrs.]	Act. Hrs.	Task [Est. Hrs.]	Act. Hrs.
Class 1	Homework [2 hr.]	3.0			Class [2.5]	2.5			Class [2.5]				X	X
	Read Ch. 7 [1 hr.]	1.5			Homework [3.0]	2.5			Office Hour [1]				X	X
									Read Ch. 8 [2]				X	X
Class 2	Read Ch. 4 [2 hr.]	1.75	Class [1.75]	1.75			Class [1.75]				Class [1.75]		X	X
	Group Proj. [1 hr.]	1.25					Homework [2.5]				Group Proj. [3.0]		X	X
Research			Meeting [1.75]	2.0	Coding [3.0]	3.0	Debug Code [2.5]		Run Analysis [1.5]		Revise Present [2.0]		X	X
			Coding [3.0]	3.25					Draft Present [3.0]				X	X
Personal	Dinner w/ Fam. [3 hr.]	3.5	Dr. Apt [1.5]	1.25							Date Night [5.0]		X	X
Total Hrs.	9 hrs.	11	8	8.25	8.5	8.0	6.75		10		11.75		Day Off	